



The Turn

Method for sustainable
transition

The Wellbeing Planet . org



Deep insight

Imagine that you decide to lead **A MORE SUSTAINABLE LIFE**, to be a citizen in solidarity with **THE EARTH**, with **ALL LIVING BEINGS**, with the past, the present and the future. **IMAGINE THAT YOU ARE PRESENT IN ALL THOSE TIMES.**

THE TURN is a **SUSTAINABLE TRANSITION METHOD** that accompanies you in this internal and external process, which leads us to be actors of this process. By valuing our lifestyle, habits, patterns, life traces in interdependence with all living beings.

THE TURN is a movement of beings coming together to act in the present and create the future. Building spaces with presence on Earth in Spain, Panama and Argentina, to turn our lives, based on beauty, goodness and truth.



The Turn

commitments

Restore

Decrease

Peace and prosperity

Activities

Protect

Educate

Heal

Research



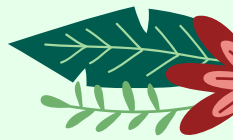


2022

2024



The Turn around the world



The Turn towards SDG 2030

1. No Poverty
2. Zero Hunger
3. Health and Well-being
4. Quality education
5. Gender equality
6. Clean water and sanitation
7. Affordable and clean energy
8. Decent work and economic growth
9. Resilient infrastructure, inclusive and sustainable industrialization and innovation

10. Reduced inequalities
11. Sustainable cities and communities
12. Responsible consumption and production
13. Climate action
14. Life below water
15. Life on land
16. Peace, justice and strong institutions
17. Partnerships for the Goals

The Method as a process of transition towards sustainability: it is developed in 4 levels (3 days, 3 weeks, 3 months or 3 years).

People perform it in spaces designed for this purpose.

4 Levels!



16 Games

Transition

16 Games

Transition

Scientists estimate that humans share the planet with 8.7 million different creatures.

Only 1.2 million species have been inventoried, more than 7 million remain unknown by humans.

4 Levels!



SAVE
THE
EARTH



16 Games

4 transition levels

A large, rounded green rectangle containing text, flanked by decorative floral and leaf illustrations. The illustrations include various shades of green leaves, a red flower, and small white and red dots.

First Level: 3 days, games 1 to 4
Second Level: 3 weeks, games 4 to 8
Third Level: 3 months, games 8 to 12
Forth Level: 3 years, games 12 to 16

Are you ready?

Let's get started!

Gardens for The Turn

Activities

WE NEED
MORE
TREES

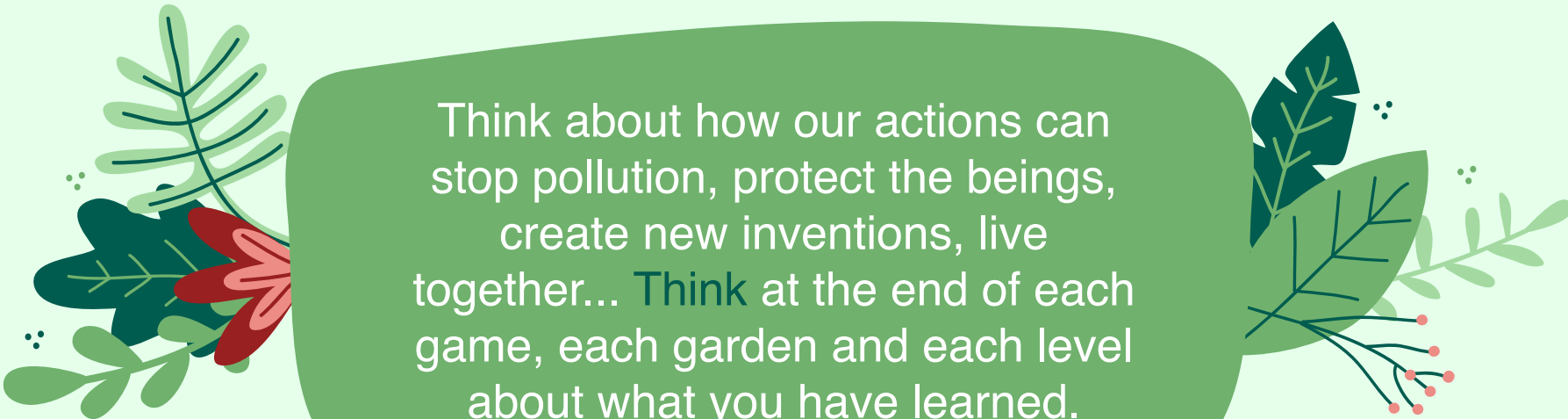
16 Gardens for 16 levels of consciousness
Each space has 16 gardens, where people perform internal and external activities, related to sustainability, commitments and game level.

Learn to transition!



16 games on 16 gardens

Activities

A large, light green rounded rectangle containing text, flanked by decorative floral and leaf illustrations. On the left, there are a light green fern-like leaf, a dark green leaf, and a red flower. On the right, there are a dark green leaf, a light green leaf, and a branch with small red berries. Small double-dot symbols are scattered around the foliage.

Think about how our actions can stop pollution, protect the beings, create new inventions, live together... **Think** at the end of each game, each garden and each level about what you have learned.

Let's make the list!



Before

After

The Turn List

Before The Turn



I Didn't Recycle





After The Turn



I Recycle







4 levels

Transition

THE TURN is the process of transitioning through 4 levels (through time) and 16 games, which are represented in 16 physical gardens where multiple species coexist.

Let's begin!



who can participate

People



Individuals

couples



Transitioning couples

Groups



Groups
Collectives
Organizations
Companies
Institutions

communities



Communities and
Cities

Let's begin!



How to start

TAKE ACTION

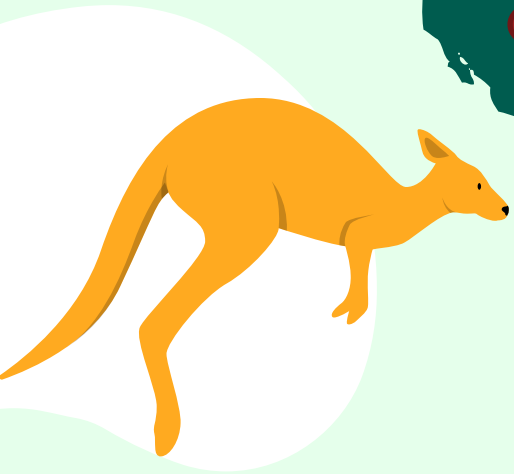
Take Action, write to us, call us or suggest an activity that encourages the shift to sustainable transition.

Sign up for the
first level



2022

2024



The Turn by regions



The Turn



Well Done!

Come

A woman with long, dark, wavy hair is shown from the chest up, hugging a stylized globe of the Earth. The globe has green continents and blue oceans, with a large red heart in the center. The woman has her eyes closed and a gentle smile, suggesting a sense of love and care for the planet. She is wearing a red top. The background is a light green color with various green leaves and branches scattered around, some with small red berries. In the top left corner, there is a small circular icon of the Earth. In the bottom right corner, there is a red flower and more green foliage.

Thanks

Every action counts. Let's
make THE TURN together to
protect all forms of life!

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